

Reaching out to you with...

The Golden Paw

Volume XIII Number 2 May 2021

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Masthead photo by Deb Orwig is **20-037 Tallulah Rose (Tally) Zangl** 

Cover Design by Connie McCabe

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#### Smart Pet Solutions -- originally published in FIRST for women 12-20-10

**Smelly "pet toots"?** You couldn't resist when your furry friend begged for table scraps last night – but the rich food caused him to suffer a bout of gas. To ease his (and your) discomfort, add a dollop of plain yogurt to his food. Yogurt's digestion-enhancing probiotics keep gas-producing gut bacteria in check, quickly reducing flatulence. The vet-advised dose: <sup>1</sup>/<sub>4</sub> tsp daily for cats and small dogs, 1 tsp for dogs 15-20 pounds, and 1 Tbsp for larger dogs.

**End itching with** *this* **laundry add-in.** Talk about a catch-22! To eliminate funky "dog smell," you wash your pup's bedding more frequently – but the chemicals in fabric softeners can trigger allergy symptoms like itching and shedding. Stop the cycle by adding ½ cup of white vinegar to the rinse cycle when laundering blankets and beds. Vinegar's mild acetic acid is non-irritating to canine skin and will effectively neutralize odors in the wash.

**Soothe a pet's itchy bug bite.** After poking around the firewood pile yesterday, Fido has been gnawing on his leg – there's a lump there that might be a spider bite. The itch-and-pain-soothing remedy: Soak a cotton ball in ammonia and use it to gently dab the bite, then rinse the spot with water. The alkaline ammonia will neutralize the primarily acidic spider-bite toxins, so your four-legged friend will experience instant relief from the itching and burning.

Editor's Note: Any personal opinions expressed in this newsletter are not necessarily those held by Arizona Golden Rescue. THE GOLDEN PAW is published quarterly by Arizona Golden Rescue and printed by AZ Correctional Industries, Perryville, AZ. Members receive it automatically, but nonmembers may subscribe for \$16 per year.

### May 2021

Editor's Assistants' Notes



We all went to the *Phoenix Metro Chamber of Commerce's Spring Adopt-athon* on March 27<sup>th</sup>. It was **Asher's** first public event, and he loved it -- we all did! So much fun meeting-andgreeting with the public and getting so many pets and hugs. Great time! We will not have any other such opportunities until the fall, but we do hope you will be able to join us then.

Duffy, Asher and Vin at PMCC event

Should you and your dog do without the beneficial effects of walking during the summer? No! Very early in the morning is the best time to walk. Even after dark, asphalt pavement and concrete sidewalks will retain heat for hours. The rule of paw is if you, yourself, find the ground uncomfortably warm to walk on with bare feet, you should not allow your dog to walk without some foot protection – booties. We suggest that you go into your back yard in the middle of the day, take off your shoes and walk on the area that the dogs use, whether that be rock, artificial turf, patio pavers, or even pool "cool" decking. If it's too hot or rocks are too sharp for you to walk on comfortably, it's too hot and/or sharp for a dog. Please buy some good quality booties for your pooch!

The best booties are available online from any number of websites. Search on "dog booties". Amazon.com carries an assortment of canine footgear, as does Chewy.com. The Muttluks Official Site, https://muttluks.com/pages/dog-boots-size-chart, gives instructions on how to measure your dog's feet. Some dogs have

Asphalt Awareness				
Air Temp	Asphalt Temp			
77°	125°			
86°	135°			
87°	143°			

At  $125^{\circ}$ , skin destruction can occur in 60 seconds. An egg can fry in 5 minutes at  $131^{\circ}$ .

These temperature correlations represent worst scenario variables: direct sun, no wind, very low humidity and high radiant energy. Gee, guess what we have in AZ a lot of the time?

Press the back of your hand firmly against the asphalt for 7 seconds to verify it will be comfortable for your dog.

much larger front paws than back paws (or vice versa) and need a different size bootie for front feet than for back ones. *Aussie Boots, Kurgo Step & Strobe Dog Shoes, Muttluks, Summit Trex* or *Grip Trex Ruffwear*, or other brands with leather or rubber soles are most desirable. Do not buy fleece booties or booties with plastic soles – these will not offer adequate protection.

Most Golden Retrievers will wear size large. If you buy booties, label each one of the four with the foot that will wear it: RF for right front, LR for left rear, etc. Get your dog used to wearing booties by putting them on in the house and only on the front or back feet at first. Make the dog walk around by attaching the leash to the dog's collar. The dog will probably balk, so have some treats handy, but don't give in to the balk, just walk. Once the dog has gotten used to the feel of the booties on two feet, then put the other pair on the dog. At first, the dog may walk like he has a spastic disease, but usually he will settle down fairly quickly and walk normally. If you hike with your dog, booties can be useful for protecting your dog's feet from rocks and cactus spines. Booties can also be used in winter if you visit snow country.



Spring is a time for new beginnings and wonderful outdoor activities. The weather in Arizona is usually spectacular; it's great to work outside in a garden (my roses are gorgeous); flowers are blooming everywhere in the desert; and walking and hiking with your dog can be done without too much worry about overheating, dehydration, or getting feet burned.

Precautions still need to be taken even so. If you are going to add some new plants to your yard, please be sure they are not among those that can be harmful to dogs. In this issue, we have included a list published by the *ASPCA* of <u>nontoxic</u> plants (page 18) and another list of <u>toxic</u> plants ((pages 18-23). Mulch that is dark brown in color, looks good on the ground around plants, and smells like chocolate is highly toxic to dogs, so please do not use it.

Our Home Evaluation Team members are charged with recognizing plants that may be harmful to dogs. If an evaluator finds any such plants during a home visit, the plants are pointed out to the homeowner; the family is told they must fence off the plants or remove them in order to be approved as potential adopters, as our number one priority is the dog's safety.

Spring is also a terrific time to start obedience training with your dog. There are some good training facilities in the Valley to help you learn – or refresh – your skills in how to train your dog to

walk nicely on leash ("heel"), and to obey such simple commands as sit, down, stay and come, all behaviors a well-mannered dog must know.

Those of you who live anywhere near Shea Blvd and the 101 freeway may be interested to know that there is now a second – and indoor! – *Partners Dog Training* location. The actual address is 8642 E Shea Blvd, Scottsdale. Like the original location at 4640 E Forest Pleasant Place, Cave Creek, this new 21,000 square-foot facility is available for doggy day care, boarding, private lessons and group classes. *Partners* is the largest and highest-rated dog training facility in the Southwest. Whether you want to stop problem behaviors, improve your dog's manners, board your dog, take a few classes, or socialize your dog in daycare, they have a number of programs to suit all of your interests and goals. You can find more information at www.partnersdogs.com.

Those of you who live in the less suburban areas of the Valley where you might encounter rattlesnakes in your yard, or if you like to hike with your dog, would be well-advised to get your dog snake-avoidance trained. If your dog gets bitten, the antivenin can cost upwards of \$2,000 or even more depending on the quantity it takes to counteract the venom. The couple hundred dollars that snake-avoidance training costs is nothing compared to that, nor to the pain, possible disfigurement, or death that a snake bite might cause.

#### **Rattlesnake Avoidance Training Facilities**

Here are three facilities in the North Valley area that are recommended:

*Partners Dog Training* in Cave Creek, 4640 E Forest Pleasant Place; 480-595-6700; www.partnersdogtraining.com.

*Rattlesnake Ready LLC*, 30442 N 59th Street, Cave Creek, 480-353-8390, www.rattlesnakeready.com.

*Viper Voidance* in New River, 43226 N 7th Ave; 480-215-1776; www.vipervoidance.com

In the Southeast Valley:

*Master's Kennels Dog University*, 17309 S 144th St, Gilbert, 480-917-DOGS; www.doguniversity.com.

Based in Queen Creek, Louis Robinson, a veteran K-9 handler and trainer, offers snake aversion training at your home (there is an extra cost for mileage; 602-400-2799; www.robinsondogtraining.com).

Our Tucson members and supporters can take advantage of snake avoidance training at *Desert Wildlife Services*, 5405 West Sunset Road in NW Tucson, 520-743-1411, www. http://www.desertwildlifeservices.com/snakebiteavoidance.



No matter how many legs or paws one has, it has been a long winter with lockdowns, closures, and cancellation of *AGR* events. So, we were ecstatic to finally get the chance to get out and be with our fellow *AGR* members. There is nothing like a gaggle of Goldens to lift one's spirits!

With a reduction in the number of new Coronavirus cases in Arizona, the *Phoenix Metro Chamber of Commerce* held its *Spring Adopt-a-thon* on March 27<sup>th</sup>. *AGR* gladly participated in the Saturday event, which was held at *Floor & Décor* at 59<sup>th</sup> Ave and Bell Road in Glendale. Sunny skies with moderate temperatures were the icing on the cake for a day of fun and fund-raising. After being house-bound for so many months, it was hard to decide if it was the humans or the Goldens that had more fun.

Set up started at 7:15 AM. Mike Wilson arrived with Takoda, Deb Orwig brought Duffy Vin, and the newest Orwig Asher. Trisha Murphy, Adam Cardinal. Patrick Doyle and Kathi Youhas were "early-birds" also there with Cody and fresh Star donuts as a



Most everyone in this group photo was at the event most of the day -- thanks to all of you!

for set up. Peter and Mike Wilson with Takoda, Trishia Murphy with Vin Carolyn Brown were Orwig, Josephine Sala with Duffy Orwig, Cindy Tigges with Asher Orwig, Deb Orwig, Debbie Ball with Dillon, Patrick Doyle, Kathi Youhas and Carolyn Brown with Joey and a box of Danny Boy (Connie McCabe's foster dog)

breakfast treat. By 9 AM we were set up with all the AGR Gold-

als totaling \$225 and



April Crow admiring some of the new purses made by Connie Wozniak ready to greet anyone who neede en-Fix". They were great ambass *AGR* and produced \$204.20 in donations and 5 adoption applications. We had four membership renew-

a generous member's donation of \$650.

Throughout the day, Debbie Ball with **Dillon**, Teri Guilbault with

ens decked out in their donation vests and ready to greet anyone who needed a "Golden-Fix". They were great ambassadors for



Teri Guilbault with Khalee



Connie McCabe with foster Danny Boy

Pack-up was completed by Debbie Ball, Peter and Carolyn Brown, Adam Cardinal, April Crow, Patrick Doyle, Trishia Murphy, Deb Orwig, Cindy Tigges and Kathi Youhas.

The

assortment



Jolene Schlichter with Ginger



of hand-crafted merchandise AGR had displayed for sale was phenomenal! During the COVID lockdowns, our crafters were home creating some beautiful items that brought in \$1,207.00 in sales. A very special acknowledgement and thank you goes out to Deb Orwig, Denise Padavano, Cindy Tigges, and Connie Wozniak for the endless hours they spent creating these beautiful, one-of-a-kind items. Also, thank vou to these members who donate the

Khalee, and Connie McCabe with Danny

Boy helped with sales and general informa-

tion for those who visited our display. Connie

captured great photos, too. They were joined by April Crow, Josephine Sala, and Cindy

Peter Brown brought tacos and buritos for everyone

materials used to make the items. 100% of all sales goes to help cover the canine medical expenses we incur.

With the onset of warmer weather, outside events will most likely not take place again until fall. If the Coronavirus numbers continue to decline, we are looking to schedule, among other events, our annual Fore! Paws Golf Tournament, our AGR Paws at the Park picnic and more Meet-and-Greets at Petco and PetSmart.

Be sure to follow Arizona Golden Rescue on Facebook, as we announce upcoming events there. Our events are also posted on our website under "Events": www.arizonagoldenrescue.org. We are considering doing some online events in the future, such as an online auction and fun raffles and would not want anyone to miss out. If you have any comments or ideas for fun events or fund-raisers, please contact me at azgoldenlady@gmail.com or 602-781-1001. I look forward to working with and seeing you at upcoming events.

#### **Pill-Wary Pooch?**

If your dog spits out pills wrapped in peanut butter, cream cheese, or liverwurst, try dangling another treat in front of him. Your pooch will be so eager to get to the second helping, he'll swallow the first without hesitation. Be sure to give him the second treat!



From Deb Orwig: The position of Director of Dog Care is still open, so I have written the column article for this issue. Won't one of you please consider volunteering for this job?

#### Goldendoodles

As far as we know, Arizona Golden Rescue is the only Golden rescue group in Arizona that will accept a Goldendoodle. So far in 2021, we have taken in a surprising number of these mixed-breed dogs. Out of our first 13 rescues, eight are Goldendoodles!

You probably know that a Goldendoodle is a hybrid between a Golden Retriever parent and a Poodle parent. The mix was originally established due to a desire to produce a dog with Golden Retriever personality but with a Poodle-type non-shedding coat. Unlike Goldens, Poodles have hair instead of fur, and they generally do not produce much dander that causes many human allergies. Consequently, they are considered to be on the list of "hypoallergenic" dogs. Most do not shed much, certainly not nearly the volume



shed by a purebred Golden. However, the acdog tual resulting from the of cross a Golden



15-071 Pepper has a wavy coat

Very curly coat like that of with 16-054 Ella is the most common type we have seen



15-018 Cooper's coat is smooth like a Golden's but he still has the facial furnishings

Though Goldendoodles don't shed excessively, they still need to be brushed regu- Some like 19-064 Libby have larly which removes dead hair and pre-

vents nasty matting. To keep their skin and coat healthy, they need

а

Poodle depends on genetics, i.e. which parent the offspring favors, and it is usually not 50/50.

There are three coat types found among Goldendoodles: smooth, wavy and curly - we have had them all. Longer facial

hair, including evebrows, mustache and beard are found on most Goldendoodles. These characteristics are known as furnishings.



very heavy furnishings

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### Arízona Golden Rescue



Red-gold 20-020 Lucy has a very curly coat but no facial furnishings

black and three were golden-colored, with one of the latter being a darker golden and two more cream-colored. Of the Goldendoodles surrendered to us over the years (a total of 52 out of 1084



17-045 Luna is a beautiful silver color; Liz's girl Emma, now 5 years old, has been black until recently: she is now turning silver

a moisturizing bath every few months. Depending on the dog, a Goldendoodle may grow long hair over its eyes or between its toes and appropriate trimming is required.

There are numerous colors among Goldendoodles. In the litter of 5 that was recently surrendered to us when the pups were 6 weeks old, two were

Our recent intake of a litter of 5 Goldendoodle puppies: Keely (darker Golden color), Guinness (black), Charm (cream), Kiera (black) and Aiden (cream)

intakes by my count), the majority were white, several were black, one was silver, one was amber, one was peach-colored, two were red-gold, one was dark brown, and some were golden or cream. One

unusual one was a mixture of black and gold and looked

more like a Gordon Setter than anything else. His appearance favored that of his



18-021 Natasha is an example of the abstract, mismarks or chrome type of Goldendoodle - she is redgold but has a white blaze on her chest, white belly fur and white "socks" on her feet

mother, a purebred Golden who was surrendered at the same time. and his black color was from his father.

For even more more like a Gordon Setter than variety, there are any other breed, but his mother patterns of these colors found in

the Goldendoodle, including parti, merle, phantom (like the one described above), and brindle. A parti-colored Goldendoodle is at least 50% white, with solid patches of any other color. Solid color Goldendoo-

13-061 Oliver was our introduction to the "phantom type" of Goldendoodle – he looks

was a Golden and his father

was a black Standard Poodle

dles with white markings that cover less than 50% of the body are known by several names: abstract, mismarks, or chrome. Merle is a varied coat pattern. Phantoms (like 13-061 Oliver) have a specific pattern of markings on a solid background above each eye,

can

(Poodle

l e g s ) .

on the sides of the muzzle, chest, inside the legs, and under the tail. Brindle patterns appear as stripes - the color and the width vary with each dog.

If the parents are a Standard Poodle and a normal-size Golden, the puppies are large dogs, usually 70-90 pounds and



030 Annie make popular family dogs, and many are used as therapy dogs

With average to above average energy levels, Goldendoodles require daily exercise and love to go for walks, runs, hikes, and swims. Their playful nature and retriever genes make them great fetch partners, too. Owners should aim for at least 30 minutes of exer-



12-141 Horton showing off his tall "Poodle legs'

If one parent is a Golden and the other is a toy poodle, then the puppies are usually small, generally 30-40 pounds. These are the "medium" Doodles. There are smaller ones, too, which are called mini-Doodles.



17-004 Emma leaping into the pool after a toy



We rescued 18-051 Millman, now called Cooper, when he was only 6 weeks old; he looked very Golden then, but even by 10 weeks he was starting to develop the characteristic facial furnishings of a Goldendoodle; as an adult now, he looks like a typical wavy-coated Goldendoodle

A fenced yard is ideal for Goldendoodles to romp around, but they shouldn't be kept there all day. This social breed thrives with its family and friends inside.

Medium-size Goldendoodles like 13-

cise each day.



### Volume XIII Number 2

# The Golden Paw

Goldendoodles are obedient, athletic, and smart. According to the American Kennel Club, the Golden Retriever and the Poodle are both among the top five of smartest dog breeds. Doodles take well to training and are eager to please, so agility comes to them naturally. Agility courses are a great place for a Goldendoodle to burn energy and create a strong bond with his owner and companion. In general, due to their high intelligence Goldendoodles are not difficult to train. They respond best to positive, rewardbased training and will gladly show off their tricks for a tasty treat.



I find the genetics of Goldendoodles fascinating. Here are the parents of Jangles, mother on the left and fa- therapy dogs, diabetic ther on the right; mother is a parti and father is solid dogs, and search-andthe appearance of offspring even more unpredict- rescue dogs. Their lovable than a cross between a Golden and a Standard ability and patience have Poodle - too much variability in offspring is the main reason why the American Kennel Club will not recognize the Goldendoodle as a breed; breed recognition choice for family dogs by the AKC may happen eventually, though - after in recent years. all, the Golden Retriever breed was created from a mix: the breed originated in the early 1800s from a Tweed Water Spaniel, which is an extinct breed Those of you who have nowadays, and a Yellow Flat Coated Retriever.; the adopted a Goldendoodle Tweed Water Spaniel itself was a mix of the now extinct St. John's Water Dog and local water dogs; the may be interested in Golden Retriever was not recognized as a breed (i.e., joining the Goldendoobreeding true) by the AKC until 1932.



21-012 Jangles is one of our most recent Goldendoodle rescues; he is black all over with profuse facial furnishings, a Poodle coat and long Poodle legs

Goldendoodles were first bred in 1969 to be guide dogs, but the breed gained popularity among breeders during the 1990s. The name of the mix was coined in 1992. Goldendoodles have been used as pets, agility dogs, guide dogs, made them a popular

dle Association of North

America (GANA). Your membership in this organization helps to fund research and development regarding health, genetics, puppy development, and more. The GANA website has a great deal of information about these mixed-breed dogs: www.goldendoodleassociation.com. The Goldendoodle Association of North America breed club was created to document the lineage of the Goldendoodle as it is developed into multigenerational status. It is a place for reputable breeders to register their Goldendoodle breeding stock and litters, and GANA tracks the health certifications completed on all breeding stock. GANA is a non-profit organization that uses its funds to educate Goldendoodle breeders on cutting edge technology including DNA testing for coat traits and health as well as providing education on the best breeding practices. GANA has developed a breed standard to serve as a road map, so that the Goldendoodle can become more consistent as the breed matures.

The Information Highway

By Adam Cardinal, **Director of Information Management** arcardinal@hotmail.com



### I Feel Used

I am going to begin with a confession. I like shopping at Harbor *Freight*. Truth be told I should not say shopping – I should say looking. I like looking at all the cool tools and solutions for problems I have not even defined yet. But when all is said and done and I am making choices, before going to the register I stop and remind myself: I am not handy. It is not a gift I have, and doing projects like that bring me neither joy nor satisfaction. So do I really need to buy an angle grinder to remove that one nail sticking out of the trim in the garage that annoys me? No, not at all. Chances are if I bought it, I would not even try to use it. I would be so daunted by the thought of learning how to use it that I would leave it in the box and just have my handyman use it when he is next working on a list of projects I have assembled for him.

So, that is my story of tool shame. Now, I am going to write about website shame. It is about creating a balance between a tool that does everything, and a tool that is useful for what you need. So, let's go back to tools. I am going to bring up two very popular tools - the Swiss Army Knife and the Leatherman Multi Tool. Each one contains a screwdriver, a corkscrew, a knife, an awl, a bottle opener, scissors - lots and lots of functions. When you are at home and you have a screw you need to tighten, do you reach for your Swiss Army Knife or Multi-Tool (A), or do you grab a screwdriver (B)? If you answered A, I would be surprised, but for this discussion let's focus on B.

A website is as much a tool as a screwdriver or pliers – you use it to complete a task. That could be looking up information, downloading a form, or performing a transaction.

Have you ever left a website because it was difficult to use? Maybe you could not find the page you were looking for. Or maybe their navigation menu did not have what you needed. Or, perhaps there were way too many pop-ups and advertisements. Whatever the case, you did not put up with browsing a confusing website even if it had something you know you wanted.

This was one of the guiding principles we used in planning the redesign of our website. We are still in process - so we have more content to come - but we focused very hard on keeping the website simple to make it easy for members, adopters and volunteers to find the information they are looking for. If a website is not user-friendly, it will never succeed.

Some changes you may – or may not – have noticed related to our new website are significant.

### Optimized for Mobile Devices

This may surprise you – it certainly surprised me – but 92% of all Internet users access the Internet with a mobile device.<sup>1</sup> Those mobile users are doing more than just browsing from their devices; they are conducting transactions.

Our previous website was not optimized for mobile devices. Users of tablets and smartphones often experienced issues with our website. Some had trouble with seeing content, but the majority of issues were related to complexing and submitting forms. The only solution we had for users with mobile devices was to send them a PDF file to fill out and e-mail back to us.

The problem is not just reading a website, it is also interacting with a website. When someone is browsing from a desktop computer, it is easy for them to click nearly anywhere on the screen. On a desktop, there is nothing wrong with putting your "Call to Action" or CTA or other clickable items in a corner. That is not the case for mobile devices where 75% of users navigate and click using their thumbs and 49% click with just one hand. Think about it. How often do you browse on your phone using just one hand, especially while you are walking or doing something else? It is uncomfortable for users to try and reach the corners, and they might even click on something else by mistake. If they navigate to the wrong page, it is going to be frustrating, since it adds steps to their process.

### Americans with Disabilities Act (ADA) Compliance

To make the web a place where all can access needed information, the industry adopted web content accessibility guidelines (WCAG). These guidelines were created so that websites can meet the needs of people with disabilities and comply with relevant legislation like the *ADA*.

Roughly 1.2 billion people across the globe live with some form of a disability.<sup>2</sup> We do not want to discourage or discriminate against anyone visiting our website. Everyone is entitled to a good experience. Goldens have a long and noble tradition of service to the disabled. As a Golden Retriever charitable organization, we felt it important that our website reflect the needs of the disabled. Here are some of the factors of disabilities that can affect how people experience webpages:

<u>Auditory</u>. Auditory disabilities encompass those who are hard of hearing to the fully deaf. *AGR*'s website limits use of videos, music, and other sound-related media.

<u>Cognitive</u>. Those with cognitive disabilities might suffer from a wide range of issues including mental disabilities as well as neurological issues such as Alzheimer's and dementia. As such, these

folks might have a difficult time remembering things or focusing on a task for a prolonged period of time. To accommodate them, we chose to simplify our website as much as possible. For example, we kept menus very clear with brief descriptions and limited selections.

<u>Physical</u>. Physical disabilities limit a person's ability to move. This might include their ability to walk, use their limbs, or have full motor control over their body. It also includes people who have experienced amputation. Users need to be able to explore our website with as limited movement as possible. We designed pages to concentrate information onto pages that will appear in a normal display area. Rather than making users scroll endlessly to access information they need, we designed the site to make sure navigation buttons are within easy reach.

<u>Visual</u>. About 300 million people in the world are color blind. That doesn't necessarily mean that they see in black and white. It just means they process certain colors differently. We wanted to make sure our website is not using conflicting colors that cannot be processed by people with visual impairments. We also avoided color backgrounds and flashing lights on our website. These elements can trigger seizures from people who suffer from light sensitivity.

### Keep it Simple - and Common

When designing a website, it can be tempting to get creative. There is always the desire to make a splash – to impress visually with the initial "punch" of your website. However, creativity ultimately works better for elements like marketing than it does for overall readability and functionality.

We chose to focus on common web design best practices to guide us in rolling out the new website. People have a certain expectation when they land on a website. According to studies we used to guide our development process, these are the most standard elements people expect when they visit a website<sup>3</sup>:

- Logo on the top of the screen
- Contact information in top right of screen
- Horizontal main menu navigation in the header at the top of each page
- Search bar in the header
- Social media follow icons in the footer

We tried hard to keep to good design principles to deliver a clean, convenient and efficient way to interact with *AGR*. It takes a lot of advanced planning and a thoughtful, intentional process to deliver these services. If there are ways I can make it easier for you to interact with *AGR* please let me know. I can be reached at adam. cardinal@arizonagoldenrescue.org.

<sup>1</sup> Digital 2020 Global Digital Overview - We Are Social & HootSuite (https:// wearesocial.com/blog/2020/01/digital-2020-3-8-billion-people-use-social-media) <sup>2</sup> IBM Mobile App Accessibility and Usability Study (https://www.ibm.com/ blogs/age-and-ability/2016/10/12/ibm-strengthens-mobile-app-accessibility-andusability/)

<sup>3</sup> Website Design Best Practices - IncTech Digital (https://inctech.net/websitedesign-los-angeles/)



"It's all about the dogs."

We say that a lot, because that is why we are all part of this wonderful group. You would not be reading this if it were not for your love for the dogs. But as much as that is true, it takes a lot of hard work from a lot of people to keep this organization, and therefore the dogs, alive and thriving.

So, since this is the "Human Connection" column, in every issue I am going to continue to mention a few interesting facts and stories about the some of the people you think you know. Hopefully you will learn something new about them and gain more insight into how they got here. I have generally been going in order of membership number, beginning at "one" and featuring several members every column. You may notice that there are some missing member numbers. I know there are a lot of people who really just wanted to adopt a dog and have no interest in participating in AGR activities. I will respect the privacy of those who prefer not to be active and just concentrate on those who are, or have been, most active in the organization.

If you would like to view previously-featured members and do not have access to the printed newsletters, you can download them from the Information tab on our website once our new one is functional.

Hopefully by now you will have noticed how very many of our members have stayed to be part of the organization long after their first year membership has expired. And, many times, even after the  $AGR \log(s)$  they have adopted have gone to the Bridge. There are many members who have never even adopted a dog from us and some who don't even have a dog at all! We are very grateful to those who have continued to renew their memberships year after year and who contribute their time, money and hearts to the group, whether or not they are interested in adopting a Golden.

Let's start off with Steve and Lenni Wilson, who have been great volunteers and contributors to many of our events. In Lenni's words: I'm a Philly girl who met Steve at Rollins College, a very small liberal arts school in beautiful Winter Park, Florida. For a wedding gift, my older brother gave us Happy, an Airedale pup. We soon learned that Airedales are very protective and have

minds of their own. Happy was great at his individual indoor training lessons, but once we got home, all hell broke loose (and it wasn't because we were inconsistent with our commands). As our family grew, so did Happy (who we now affectionately called "Hap-hazard"). He knocked our two-year-old down while trying to turn around in the hallway, started growling if we tried to take something away from him, and shot out the front door if we barely opened it. As it



Lenni and Steve Wilson with Dusty

became a safety issue, we sadly shipped him off to a family that had a farm.

Having grown up with dogs, we were determined to find a breed that would fit in with our family. My cousin's Golden Retriever just happened to have had a litter of pups, so off we drove from Ohio to Bryn Mawr, Pennsylvania to pick up Bryn. We fell in love and couldn't imagine our girls growing up without her for the 14 vears she was with us.

Sold on Goldens, we got Winnie from a breeder my other brother knew. Again, we lucked out and three years later got her Mac, a playmate whom we registered as "Big Mac's Golden Arches" to honor Steve's love for the burger. They both attended Canine College in Columbus, Ohio and graduated after three weeks. I had to be trained as well, and this time I passed with flying colors.

We retired to Arizona where Winnie and Mac adjusted to the heat. As both dogs aged, they endured the usual maladies we expected but we did not foresee having to put them down within six weeks of each other. The house was way too quiet. After several discus-



sions with our daughter, an avid proponent of adoption, we went to an adoption event at Steele Park, talked with Deb, filled out an application and ended up getting the call about three-year-old **Dusty**. She was quite sick but recovered and turned out to be a real sweetie who has provided us great comfort during the pandemic. She's now seven and we've considered getting her a companion, but we think she's used to being the queen of

Lenni Wilson with Dusty

our estate. Plus, Steve is waiting for a kidney transplant, so we don't want to ruin a good thing.

Needless to say, we're now sold on adoption and will continue to go that route again when ready.

Now let's meet Patty and Troy Forte. Patty has been an active volunteer, especially at our golf tournaments. She and Troy both played in our 2019 Golf tournament and have also fostered and adopted several dogs from AGR.

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## Arízona Golden Rescue

Patty wrote: Greetings to all AGR friends after a very long year! My love of all animals began when growing up in Southern Illi-



Patty Forte with Valentina

nois and Ohio, where our family always had a dog and cat, an occasional bird, hamster, and even a horse. My parents always allowed me to bring any "critter" into the house that needed help and hopefully would then be able to resume life in the wild. When I became an RN, I of course took care of humans, but still loved and helped animals and always had a cat and dog in the house. I became involved in the fitness industry

by becoming a personal trainer and fitness instructor, specializing in rehab and wellness. When my husband, Troy, and I moved from California to Arizona in 2004, we had two 'sister' labs and by 2008 were 'bribed' by a friend to take a male Golden puppy from her litter of eight! Little did I know how much having this little guy would make me realize that we could never be without a Golden in our home ever again! After losing him at a young age due to epilepsy and other issues, I was given a beautiful female Golden that was not doing well living in an apartment. This dear girl literally lived in our pool and always had a tennis ball in her

mouth! After losing her, I immediately discovered AGR and all the wonderful staff and members who make this organization so amazing! We soon adopted two sweet older Goldens, **Bella** and **Dante**, both now at the Bridge, that we instantly adored. Presently, we have **Valentina** and **Tucker**, both AGR rescues that make our home complete! My hope is to be able to resume activities soon and will be looking forward to seeing all of you!



Troy and Patty Forte with Princess, Dante and Bella



Mike and Anne Booher

Anne and Mike Booher, who now live in Tucson, are also long-time volunteers and adopters. Anne says: I was born into a career military family and dragged around the world as a child. I finished high school at **Ramey AFB** high school in Puerto Rico, did my first two years of college at **SUNY Oswego** in New York, and my last two years at the **University** of Arizona. I married back into the military, had a set of identical twin girls to go with the

two sons I got by marriage, and in between found time to go to law school. In the meantime, we were still traveling from one duty station to another as we raised our kids

While stationed in Washington State, my former husband and I had a small but ongoing breeding kennel and field-trialed our

Goldens. Unfortunately, we found that we could not afford to raise and train dogs and still send our eldest son to college, so we kept a couple of our bloodline Goldens. Around the same time, we were transferred to Los Alamos, New Mexico and lived in Santa Fe, where we spent 12 years. By then, we were just the pet parents of a couple of Goldens. Over the years we have had many Goldens and I can't imagine having any other breed.

I moved back to Arizona in 2001 and to Phoenix in 2002, where I lost my heart dog, **Beach**. That is when we got involved with **Arizona Golden Retriever Connection**, where I was on the shelter walking team and transported dogs. We fostered a number of dogs, young and old, including some medical fosters who lived out their lives with us. When **AZGRC** folded, we moved over to **AGR** so we could continue to work in Rescue.



Mike and I moved to Tucson 18 months ago so that we could be nearer to family. We currently have AGR-rescues Stanley, who is 7 and Odie who is 2 ½. They rule the house and keep us busy and entertained.

19-063 Odie and 17-051 Stanley



### Megaesophagus (ME)

This year we had five young puppies come into rescue with the possibility that they might have a condition known as megaesophagus. There are degrees of the condition, but generally it means the esophagus is enlarged to the point peristalsis does not function and food cannot be "squeezed" or swallowed down to the stomach. Also, it means that food can "fall out of the throat" or be regurgitated by simply having the head down when eating or drinking. In severe cases the sphincter muscle of the stomach does not open properly, and the food cannot even enter the stomach (diastalsis).

In young dogs, the condition is usually congenital. They are born with it and it cannot be cured, but it can be managed. Older dogs (10+ years or older) can acquire it due to other illnesses such as myasthenia gravis. "Myasthenia gravis, an autoimmune, neuromuscular disease is said to be the underlying disease in as much as 25-30% of acquired ME. In the case of focal MG, the esophagus may be the only muscle group affected. Hypothyroidism and Addison's disease are other known underlying factors that can cause

and Golden Retrievers.

ME. With all of these diseases, the ME can resolve once the proper medicines are in place. In the case of a young puppy born with ME, PRAA (Persistent Right Aortic Arch) should be ruled out. Many times, puppies with PRAA do not have true megaesophagus and once the stricture is removed the puppy can live a healthy normal life."1

Possible early signs of megaesophagus:

- Dog stops in the middle of eating and seems to have difficulty swallowing; could also mean the dog is eating too fast. Slow-down bowls work well for the latter.
- Dog drinks water from a bowl and it comes back out immediately.
- Dog regurgitates, which is essentially that the food falls out, no vomiting sounds or physically trying to throw up (no retching). Food is just there. They will try to re-eat it, too.
- Watch out for tiny blobs of dried food around the house or yard - you can't have eyes on your dog all the time -your other dogs will help by eating it.
- Most commonly, regurgitation would happen right after the dog eats.
- If the dog jumps off something to the ground or comes to a sudden halt, the food can fall out of their mouth.

Megaesophagus is manageable, and the only accommodation to the condition is how the dog eats and drinks.

The major medical issue is the prospect of pneumonia in a megaesophagus dog. Aspirational pneumonia is always possible, so watch out for coughing, sneezing, lethargy or not wanting to eat. A round of antibiotics can take care of it, but never wait to get it checked - it can progress quickly.

It is important to determine what is best for your dog in terms of consistency and form of the food and how often your dog eats. Many recipes have been devised by dog owners who have megaesophagus dogs. Such as:2

#### Teddy's Meatballs

For one meal, which is 30 meatballs for my 50-lb Goldendoodle:

> <sup>1</sup>/<sub>2</sub> can Royal Canin low fat gastrointestinal food 3/4 cup Royal Canin gastrointestinal kibble ground into a powder 1/3 can pumpkin 3 tablespoons coconut milk

Enough water to make a wet mixture that holds meatball shape but not dry or scratchy. I make about 8 batches at once and keep them in the fridge. Sometimes I freeze them, too, and take them out to thaw in the fridge about 48 hours before I need them. I warm them for 30 seconds

in the microwave. Teddy loves them!

### **Popsicle Treats**

1 cup of Strawberry Children's Electrolyte Replacement Drink or any flavor

- 1 cup cold water
- 3 cups of boiling water
- 4 packets of gelatin

Place 1 cup of cold water and 4 packets of gelatin in a pan. Whisk together and let sit for 1 minute to solidify. Add 3 cups of boiling water. Whisk together and refrigerate for 2 to 3 hours. When they are firm cut into Blocks and put in an ice cube tray. Cover and put in the freezer. This makes them kind of like Popsicle treats. If you cut them before you freeze them they're easy to put in the ice tray and easy to get out since they are formed in the little compartment of the tray. My girl loves them!

My own girl, McKayla, who has megaesophagus, came into rescue with leftover pneumonia from aspiration, but that is the only time she has been on antibiotics (so far). Lots of drooling can oc-

cur when she's playing, since swallowing does not occur and sleeping often includes saliva dripping out of her mouth - a "Neck Hug"<sup>3</sup> collar really helps by elevating her head slightly. She also has a large water bottle in the kitchen that she drinks from, as it allows water in

At mealtime, McKayla hops up

onto Liz's recliner, places her

paws on top pf the headrest, sits

up straight and waits for spoon-

fuls of food to be fed by Liz

the condition ever manifests.

References for Megaesophagus





McKayla wearing Neck Hug collar

her mouth. After I figured out the best consistency of food (meatloaf consistency) and wait for some time after she eats, she hardly ever regurgitates now. Her eating time in an upright position, with me feeding her with a spoon, takes less than two minutes, I started with 15-20 minutes of wait time in the upright position, but now she can go with little to no wait time.

My foster puppy, Guinness, who has ME, eats propped up in a Bailev Chair<sup>4</sup> – it holds him upright and makes it easier to keep him upright after eating. You must find out what works with your dog if

Guinness propped up in Bailey chair

May 2021

article:

1 http://caninemegaesophagusinfo.com/

<sup>2</sup> http://caninemegaesophagusinfo.com/index.php/recipes

<sup>3</sup> Pro Collar (Neck Hug) - Canine-Megaesophagus: All About ME (canine-megaesophagus.com)

<sup>4</sup> Bailey Chairs for dogs, canine megaesophagus, megaesop (baileychairs<sup>4</sup>dogs. com)

Mega E Babies | Facebook page

# The Financial Picture By Deb Orwig

Arizona Gives Day, April 6, 2021

Although most of the revenue from AZGives Day has not yet been sent to our bank account, suffice it to say this one-day fundraiser was terrific for AGR - 55 donors gave **\$6,308**! If you donated, thank you so much! The funds will help us make it through the summer with no events coming up in the foreseeable future.

Our actual income from the fundraising day will be somewhat less than the total, as 8 donors opted not to pay the extra 5.2% administrative fee – still a very welcome total for a one-day fundraiser, especially one in which none of us had to do much work!

Some of you like statistics so here are some to entertain you:

- 3 donations totaling \$210.40 were from Anonymous thank you to whoever you are
- 35 donors were Arizona Golden Rescue members
- 14 donors were non-members
- 30 donations were pre-scheduled between March 15 and April 5 but counted as *AZGives Day* donations
- All of AGR's AZGives Day donors are listed on pages 12-13.

AZGives has announced preliminary numbers:

- Total amount raised: \$7.1 million, \$1 million more than in 2020
- Total number of donors: 40,000+
- Number of nonprofits who participated: 982
- Volunteer hours pledged: 61,400
- Number of volunteers who pledged: 1,500+

Because Kathy Blue, our Facebook administrator, kindly released an announcement about *Arizona Gives Day* on March 8, a total of 44 donations were made through Facebook between March 8 and March 31 and brought in an additional \$2,178.74! We cannot get a transaction report for the first 6 days of April until May 1, so I cannot tell you yet how many more donations were made during the first week of April, but this money combined with what came in via *AZGives* helped us exceed our goal of \$8,000!

*Thank you again for participating in whatever way you did – you really made a difference!* 

#### Reporting period: January 1, 2021 - March 31, 2021

#### Total Assets as of April 20, 2021:

	• •••• <b>·</b> ••••, =•			
	Income	Expenses		
Adoptions	\$ 2,725.00	\$		
Bank Charges (Intuit, PayPal)		153.61		
Calendars - Sales & Sponsorships	132.00			
Credit Card Expense		59.44		
Donations	12,139.83			
Honorary	3,959.88			
Memorial	1,310.00			
Event Expense		50.00		
Grants	1,950.00			
Insurance		627.85		
Interest	457.00			
Internet Services		131.04		
Legal & Professional Fees		10.00		
Memberships	7,895.00			
Merchandise	2,313.00			
Office Expenses		292.21		
Postage		239.90		
Rent or Lease		827.94		
Stationery & Printing		1,185.91		
Telephone		56.52		
Dog-related Expenses				
Behavioral Training		2,315.45		
Boarding		284.73		
Microchip & Heartgard® Expen	ises	19.99		
Veterinary Services		13,779.14		
TOTAL	\$ 34,429.28	\$ 20,033.73		
NET INCOME: \$ 14,395.55				
Checking Account on 4-20-21:	\$152,227.57			
The Debbe Begley Memorial Fund as of 4-20-21: \$ 9,141.32				
Savings Account as of 4-20-21:		\$ 94,119.21		
Outstanding Credit Card Balance	\$ 3,712.27			
5		·		

#### Arizona Gives Day Donors

#### Between March 15 and March 31

Jim and Peggy Alexander Teddi and Delwin Axne Kathryn Blue Carolyn and Peter Brown Colorado Animal Rescue Express Andrea and Colin Decker Mary and Bert Engstrom Carol Gora and Don Woods Teri and Jeff Guilbault Karen Johnson Connie McCabe and Nick Dodson Colleen and Bruce Miller Patricia Murphy Deb and Larry Orwig Cindy Sandner Lorraine Stein

PAGE 12

### Arizona Gives Day Donors cont.

#### Day of, on April 6, 2021

Anonymous Judith Abell Debra and Rick Ball Kathryn Blue Ann Bogle Sharon Briggs Carolyn Brown Cindy Brown Adam Cardinal Beth Chaffee April Crow Philip Davis Jill DeLuce Kathleen Donahue, D.O. Adrienne Farrell Patty Forte Candace Greff Kay Hale Rebecca Hamilton Bonnie Hargrave Nancy Hughes Sheila Joyce Gerri Land Connie McCabe Anne McGill Jeffrey Nowak Deb and Larry Orwig Mark Pachtner Marti Putnam Dan Silver Amy Skinn **Christine Spiel** Eileen Toth Paula Trimmer Julie Wear Mike Wilson Julie Zabilski

## Through Facebook

March 8 - March 31

Peggy Alexander Kate Blake Kathryn Blue Carolyn Brown Cindy Brown Christina Casper Julie Cottington Jeff Curry Cathleen Dooley Holly Dichenberg Gorman (no first name given) Pet Havens Cindy Hefley Karen Hetrick Cara Holland Theresa Houston Kandice Kraavenbrink Sarah Krajnak Bonnie Kreger Kelly Lambert Peter Lowe Joey Kendrick Patrick Kendrick David Lundberg-Kenrick Louie McBride Connie McCabe Cathey Moses Jeffrey Nowak Kathy Palmanteer Susan Parker **Emily Raymer** Lauren Shapiro Amy Skinn Liz Tataseo Cindy Tigges Tina (no last name given) Mike Wilson

Donors through Facebook April 1 - April 6 will be listed in the August issue.



*Diamonds in the Ruff* are dogs on whom *AGR* has had to spend at least \$2,000. In this column in the February issue of *The Golden* 

*Paw*, we featured **20-017 Rudder** and **20-033 Danny Boy**. Both dogs have recovered well from their respective surgeries, **Rudder** from his second hip replacement and **Danny Boy** from removal of rocks from his stomach. In the first quarter 2021, we again had only two dogs that cost us more than \$2,000 each. Please consider donating to help with the expenses of a specific dog, or just earmark it for *Diamonds in the Ruff*. All donations are tax deductible to the extent allowed by law, of course, and will be acknowledged.



**20-036 Sam** is an energetic 1-yearold purebred Golden who was surrendered by his owner due to being a little too much for her to handle. **Sam** had typical untrained-puppy behaviors of jumping up on people and nipping to get attention or get his way. **Sam** was in need of some diligent, thorough and consistent training, so he was enrolled in *Part*-

*ners Dog Training* 3-week Training Camp ("boot camp"). He was placed with a couple in Phoenix who agreed to participate with him in 8 follow-up training lessons and group classes. Completing the follow-up classes is always a requirement of families who get a dog we have had trained at *Partners*. First-quarter expenses for **Sam** were **\$2,628**.



**21-002 Dickens/ Charlie** – is an estimated 6-year-old male Golden mix who was rescued from the Pinal County shelter. He was one of the saddest cases we have seen in Rescue, as he was extremely

21-002 Charlie at intake

emaciated, only 42 lbs, and could barely walk. He was taken immediately to one of our outstanding partner veterinary services, *Animal Medical & Surgical Center* in Scottsdale, for evaluation. After an MRI of the brain, radiographs, bloodwork, and a neuro consult, poor **Dickens** was diagnosed with tick fever and inflammatory changes in the brain causing weakness in his spine; his

valley fever test was negative. He was given doxycycline for the tick fever and antibiotics. **Dickens** was transported to his forever home in Scottsdale with adopters Kristi and Brian, who fell in love with this sad boy and renamed him **Charlie**. **Charlie** has made remarkable improvement since early February and is filling out physically with his coat as soft as a chinchilla! First quarter expenses for **Charlie** have amounted to **\$7,714**.



# MAGIC MOMENTS

By Deb Orwig

Magic Moments... when a stray Golden Retriever or Golden mix is spotted in a shelter kennel and does a happy dance when taken out; when a neglected backyard dog is surrendered by its owner to a member of our Transport Team and is delivered to a foster family that shows the dog love, comfort, toys and good-quality food for, perhaps, the first time in the dog's life; and the most magical of all... when a rescued dog meets his or her forever family and we see the dog's excitement and the sparkle in the family's eyes. As rescuers, we are privileged to share in these Magic Moments. Below are stories of Arizona Golden Rescue's Magic Moments from January 1, 2021 through April 10, 2021. All adoptions finalized after April 10<sup>th</sup> will be in the next issue.



**20-023** Ivy, now approaching two years old, is a beautiful purebred English Cream Golden who came to us in April of 2020. It has taken a year of procedures at *AGR's* expense to improve her health and make sure she will be a wonderful family companion for a long time. We knew when she came into Rescue that she had ectopic ureters. Her original

owner had spent considerable money just getting that diagnosis. He finally made the difficult decision that he could not continue funding her medical needs. Fortunately, AGR could. Ectopic ureters is a congenital abnormality of the urinary system causing urinary incontinence and apparently not uncommon in English Cream Goldens. After taking care of Ivy's initial vetting and getting her vaccines updated at Stetson Hills Animal Hospital, we had her evaluated by Animal Health Institute at Midwestern University. We are really lucky to have this school of veterinary medicine in Glendale! Last June, they did a cystoscopy and ablation procedure on her ureters. Due to many urinary tract infections early in her life, she developed kidney disease and had episodes of vomiting. In August, she developed high temperatures and lethargy and was hospitalized again at AHI. In September, she was evaluated at AMSC. An MRI indicated inflammatory meningitis, which was confirmed by a cerebral spinal fluid test. Ivy was given medication and eventually recovered enough to be spayed. After some further ups and downs medically, Ivy is finally on the mend. She was adopted by Abby and Jay in Glendale, who have also adopted 18-037 Kona. Dark brown Kona and cream-colored Ivy

are fast friends and make a striking-looking pair.

**20-037 Carmel** now **Tallulah-Rose (Tally)**, a Golden/Collie mix, was surrendered in late December 2020. She was 6 months old and not spayed. The owner had been informed by his apartment complex that she is too big – only dogs under



25 pounds can be in the apartment. Carmel came in with a diagnosis of tick fever and eye inflammation from 1st Pet vet. Carmel was continued on doxycycline, forti flora and Credelio. Blood work done included HW/tick fever and VF and chip implant. Dr W. wanted her on doxy for another month. She also has some deciduous teeth that could be taken care of at her spay. On 2-3-21, Carmel, now Tally was spayed and her deciduous teeth removed. General cleaning was also done. She has been adopted by Marilyn and Richard in Sun City. Marilyn says: Tally is fearless and very curious! She loves to play with balls, toys of all kinds, and other dogs. She has adapted to our lifestyle -- is with us wherever we go -- we get up, she gets up; we walk around the house, she walks right with us. She's very people-oriented, and likes to say hello to the golfers on the course behind our house. She's probably the smartest Golden we've ever had. She learned some good habits when she lived in an apartment with her original owner. For example, she stays under the table while we're eating and doesn't beg. She very quickly became a part of the family.



**21-001 Zeke**, now called **Asher**, is a two-year-old male, purebred Golden whose intake was due to a divorce. The wife took off with the cats and a small dog and left the husband with two small children and a sweet but untrained Golden. The husband held out for a couple months, as the kids really loved the Golden, but he finally realized he could not handle it all

while working full time. We certainly got the best of that situation. He was already neutered and microchipped, but he needed the basic vet check with vaccines, heartworm test and valley fever test. Deb and Larry in Glendale adopted him. Deb wrote: *Asher was with us for only a week before we started him in weekly training classes at* **Partners Dog Training** *in Cave Creek. He has done well and has finished Level One. He now knows heel, left turns, right turns, about turns, sit (and sits automatically when we stop walking), down and direct-to-down from walking, stay and come. Yes, they cover a lot in Level One! Duffy and Vin were both in a blue funk after losing both* **Mufasa** and **Dallas** last November.

When **Asher** arrived in January, he energized everyone. All the boys, even **Duffy**, play a lot now – run-and-chase, tug, mouth wars, wrestling, etc. He has fit into his niche in the pack as if he'd been with us since puppyhood. The pack now feels complete again, and we are grateful to be allowed to adopt this wonderful boy.

**21-003 Sadie**, now **Molly**, was 14 weeks old at intake. She was chewing up matting in the backyard that the landlord had out and was digging in the yard. The owner was concerned that the matting is toxic and was going to clog **Sadie's** digestive system and she could not afford medical care so felt it was best to surrender her before anything dire



happened. Sadie's original vetting was done at Academy West Animal Hospital. She was given the DHPP, bordetella, and rabies vaccines and was micro-chipped. Three weeks later, she had a booster DHPP, a fecal and a urinalysis done at Four Legged Friends Animal Hospital. Sadie came in with a urinary tract infection (UTI) and was on meds; the infection has been eliminated. Fecal analysis did not detect any parasites, but Sadie did have a gassy stomach, so a food change was suggested. Sadie still needs to be spayed and we will have that done earlier than the usual 1 year of age, because her companion is an un-neutered older male - her appointment for spaying has been scheduled in May. She was adopted by Natalie and Michael in Scottsdale. The day after we transported the dog to the FWITAs, Natalie reported: Molly is doing so well, she is sleeping through the night, asks to go out for potty and is having a blast with **Boots**! We took out the two barrel cactus and removed all of the lantanas out of the yard so Molly can run and have fun. In a recent update, Natalie said: Molly is doing great and is having fun with her new "brother" Boots. I can't believe she is already 6 months! We have her scheduled for her spay in a couple of weeks and later will be getting some training to see if she is a good fit to be a therapy dog. She already knows so many commands and is very smart along side being very cute. We look forward to future events that the rescue will have so that you all can see her. Thanks again for giving us our sweet Molly.



**21-009 Olivia** is a 16-week-old female, unspayed Goldendoodle with wavy hair. Her owner worked two jobs and was gone up to 10 hours a day. She rightly felt that it was not fair for **Olivia** to live in a crate, and she found she just didn't have time or energy for **Olivia** when she got home. **Olivia** already had rabies vaccine and at least one set of

DHPP when surrendered, but we had her given a booster DHPP and the leptospirosis vaccine during her check-up at *Stetson Hills* 

Animal Hospital. She had a history of loose stools, so the vet started her on probiotics and metronidazole; fecal was negative for parasites. She will be spayed when she is around a year old, and even though her adoption will have been finalized, AGR will pay for the spay. She was placed with Mandy and Elliott in Peoria. Olivia, a name being kept by the adopters, slept in bed with Mandy and the two resident dogs. She went out to potty in morning and had good stools. The dogs are getting along well with minimal growling. Olivia inhales food, so Mandy used a ball and only fed smaller portions at a time. Connie suggested slow feeder. So far, so good. Olivia has some food aggression issues, but the adopters felt they could work with those. I recently spoke with Olivia's adopted mom, Mandy. She said they are working with a trainer to help Olivia learn how to properly interact with the two small dogs in the household. Olivia doesn't realize how big she is, nor how much energy she has (a lot), and overwhelms the small dogs at times. She is very smart, though, and learning well. Mandy said, She is a delight and we're happy to have her.

#### Arizona Golden Rescue is an official ResQpartner! Get fit and help our Goldens!

By Jolene Schlichter, AGR Grant Writer



There is an easy way for members, their families and friends to help our Rescue. **ResQwalk** is a free app, available on Android and iPhone, which tracks your distance-related activities – walking, running or biking. It is easy and straightforward to use. And did I say that it is free? After you down-

load the app on your mobile device, select *Arizona Golden Rescue* as your preferred organization.

Download ResQwalk on Android: http://goo.gl/I8utJI Download ResQwalk on iPhone: http://goo.gl/OmvG8H

Before starting your walk, run or bike ride, turn the app on and GPS will track your distance. ResQwalk will map your walk and keep track of your total distance over time. Each mile turns into \$\$ for *AGR*! *AGR* will receive a certain amount of

money each month for each mile logged. We earn money without any expense while getting fit! Unless you are in the habit of using a FitBit<sup>®</sup> or some other similar device, you probably do not realize



how much walking you actually do. Why not make *AGR* a beneficiary of your activity?

Encourage your family members and friends to download ResQwalk and select *AGR*! With ResQwalk, we can have supporters around the country helping us in our mission to rescue Goldens and mostly Golden mixes.

### Volume XIII Number 2



# The Rainbow Bridge

There is a bridge connecting Heaven and Earth. It is called the Rainbow Bridge because of its many colors.

Just this side of the Rainbow Bridge there is a land of meadows, hills and valleys with lush green grass.

When a beloved pet dies, the pet goes to this place. There is always food and water and warm spring weather. The old and frail animals are young again. Those who are maimed are made whole again. They play all day with each other.

There is only one thing missing. They are not with their special person who loved them on Earth.

So each day they run and play until the day comes when one suddenly stops playing and looks up! The nose twitches! The ears are up! The eyes are staring! And this one suddenly runs from the group!

You have been seen, and when you and your special friend meet, you take him or her in your arms and embrace.

Your face is kissed again and again and again, and you look once more into the eyes of your trusting pet.

Then you cross the Rainbow Bridge together, never again to be separated.

And ...

Roy A. Lewis, AGR Member and Adopter

Marjorie Prose Beloved Mother of AGR Member Fred Prose

> He is your friend, your partner, your defender, your dog. You are his life, his love, his leader. He will be yours, faithful and true, to the last beat of his heart. You owe it to him to be worthy of such devotion.

> > ~ Author Unknown

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### PLANTS THAT ARE <u>NOT</u> TOXIC TO DOGS

Editor's Note: I had intended to present two fairly complete lists, one of plants not toxic to dogs and one of plants that are. However, both lists ended up being too long to publish in this newsletter. Most of the information you would ever need can be found on the **ASPCA** website: http://www.aspca.org/pet-care/animal-poison-control/toxic-and-non-toxic-plants. A caution, though – this website is not 100% accurate, so just use it as a guide to plants that will **probably** not cause an adverse reaction if eaten or even touched by your dog.

For example, several cacti are listed as NOT TOXIC by the ASPCA – this would be true if a dog could get past the spines and eat the cacti, but that does not mean these plants are not harmful! The same goes for poison ivy, poison oak and poison sumac. The ASPCA website claims these plants are not toxic. Years ago, though, when I lived in CT, my two Goldens got into poison ivy and both broke out in an awful allergic rash on their bellies. The rash was so bad, we had to give them prednisone treatment. So, please just use caution and common sense when selecting plants for your yard or for being watchful when you have your dog with you on hiking or camping trips.

On the ASPCA lists, various additional common names are shown in parentheses. Also, please note that a number of scientific Family names are out of date and not ones now used by taxonomic botanists – the old Family name, which is the one that usually appears on the ASPCA website, is shown in parentheses. If you want to know what a particular plant's characteristics are (toxic or nontoxic), put the scientific name in your Internet search engine and choose the Wikipedia description.

In the list below, I have included only those plants that would most commonly be used in an Arizona yard or home, so the list is far from exhaustive. If you have a question about the safety of using a particular plant, look it up on the **ASPCA** website or online in Wikipedia.

African Daisy (Barberton Daisy, Veldt Daisy, Transvaal Daisy, Gerber Daisy) | Scientific Name: Gerbera jamesonii | Family: Asteraceae (Compositae) African Violet (Cape Marigold) | Scientific Names: Saintpaulia species | Family: Gesneriaceae Aluminum Plant (Watermelon Plant) | Scientific Name: *Pilea cadieri* | Family: Urticaceae Alyssum (Alyssum varieties) | Scientific Names: *Alyssum species* | Family: Brassicaceae (Cruciferae) American Rubber Plant (Pepper Face, Baby Rubber Plant) | Scientific Name: Peperomia obtusifolia | Family: Pipericeae Areca Palm (Golden Butterfly Palm, Cane Palm, Golden Feather Palm, Yellow Palm) | Scientific Name: Dypsis lutescens | Family: Arecaceae Autumn Olive (Silver Berry, Russian Olive) | Scientific Names: *Elaeagnus species* | Family: Elaeagnaceae Bamboo (Golden Bamboo, Fishpole Bamboo) | Scientific Name: *Phyllostachys aurea* | Family: Poaceae (Gramineae) Basil (Saint Joseph's Wort, Thai Basil, Sweet Basil) | Scientific Name: Ocimum basilicum | Family: Lamiaceae (Labiatae) Bottlebrush (Weeping Bottlebrush, Prickly Bottlebrush, Crimson Bottlebrush) | Scientific Names: Callistemon species | Family: Myrtaceae Camellia (Common Camellia, Peony Camellia) | Scientific Name: Camellia japonica | Family: Theaceae Canada Hemlock | Scientific Name: *Tsuga canadensis* | Family: Pinaceae Carob (Sugar Pod, Locust Pods, Algaroba, Carob Tree, Kharoub, Beans) | Scientific Name: Ceratonia siliqua | Family: Fabaceae (Leguminosae) Casaba Melon (Honeydew Melon, True Cantaloupe, Muskmelon) | Scientific Name: Cucumis melo | Family: Cucurbitaceae Chaparral (Creosote Bush, Greasewood) | Scientific Name: Larrea tridentata | Family: Zygophyllaceae Chervil (Garden Chervil, French Parsley) | Scientific Name: Anthriscus cerefolium | Family: Apiaceae (Umbelliferae). Christmas Cactus (Easter Cactus) | Scientific Name: Schlumbergera bridgesii | Family: Cactaceae Cilantro (Coriander, Chinese Parsley, Dhania) | Scientific Name: Coriandrum sativum | Family: Apiaceae (Umbelliferae) Cinnamon | Scientific Names: Cinnamonium species | Family: Lauraceae Cinquefoil (Silver Cinquefoil, Shrubby Cinquefoil, Rough Cinquefoil, Sulfur Cinquefoil, Rock Cinquefoil) Scientific Names: *Potentilla species* | Family: Rosaceae Club Moss (Cushion Moss, Irish Moss, Krauss' Spikemoss, Spreading Club Moss, Trailing Irish Moss) Scientific Name: *Selaginella kraussiana* | Family: Selaginellaceae Common Snapdragon (Garden Snapdragon) | Scientific Name: Antirrhinum majus | Family: Scrophulariaceae Coreopsis (Tickseed) | Scientific Names: Coreopsis species | Family: Asteraceae (Compositae) Crepe Myrtle (Crape Myrtle) | Scientific Name: Lagerstroemia indica | Family: Lythraceae Cucumber (Garden Cucumber) | Scientific Name: Cucumis sativa | Family: Cucurbitaceae Day Lilies (many varieties) | Scientific Names: *Hemerocallis species* | Family: Liliaceae

Dwarf Date Palm | Scientific Name: Phoenix acaulis | Family: Arecaceae

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Dwarf Palm (Good Luck palm, Parlor palm) | Scientific Name: Chamaedorea elegans | Family: Arecaceae Dwarf Royal Palm | Scientific Name: Veitchia merillii | Family: Arecaceae Easter Lily | Scientific Name: Lilium longiflorum | Family: Liliaceae Fire Weed (Blooming Sally, Great Willow-Herb) | Scientific Name: Epilobium angustifolium | Family: Onagraceae Garden Marigold (Marigold, Mary Bud, Gold bloom, Pot marigold) | Scientific Name: Calendula officinalis | Family: Asteraceae (Compositae) Gerber Daisy (Transvaal Daisy, African Daisy, Veldt Daisy, Gerbera Daisy, Barberton Daisy) | Scientific Name: Gerbera jamesonii | Family: Asteraceae (Compositae) Hollyhock | Scientific Name: Althea rosea | Family: Malvaceae Honey Locust | Scientific Name: *Gleditsia triacanthos* | Family: Fabaceae (Leguminosae) Honeydew Melon (Casaba Melon) | Scientific Name: Cucumis melo | Family: Cucurbitaceae Honeysuckle Fuchsia | Scientific Name: Fuchsia triphylla | Family: Onagraceae Ice Plant | Scientific Name: *Lampranthus piquet* | Family: Aizoaceae Lemon Balm (Balm, Common Balm, Balm mint) | Scientific Name: Melissa officinalis | Family: Lamiaceae (Labiatae) Nasturtium (Nose-Twister, Nose-Tweaker) | Scientific Name: Tropaeolum majus | Family: Tropaeolaceae Natal Plum | Scientific Name: Carissa grandiflora | Family: Apocynaceae Night Blooming Cereus (Queen of the Night, Pitaya, Honolulu Queen) | Scientific Name: Hylocereus undatus | Family: Cactaceae Pampas Grass | Scientific Name: Cortaderia selloana | Family: Poaceae (Gramineae) Petunia | Scientific Names: Petunia species | Family: Solanaceae Rosemary (Anthos) | Scientific Name: Rosemarinus officinalis | Family: Lamiaceae (Labiatae) Sage (Common Sage, Garden Sage) | Scientific Name: Salvia officinalis | Family: Lamiaceae (Labiatae) Savory (Summer or Winter) | Scientific Name: Satureja hortensis | Family: Lamiaceae (Labiatae) Sego Lily (Mariposa Lily) | Scientific Name: Calochortus gunnisonii | Family: Liliaceae Texas Sage (Scarlet Sage) | Scientific Name: Salvia coccinea | Family: Lamiaceae (Labiatae) Thyme (Common Thyme, Garden Thyme, German Thyme) | Scientific Name: Thymus vulgaris | Family: Lamiaceae (Labiatae) True Cantaloupe (cantaloupe) | Scientific Name: *Cucumis melo* | Family: Cucurbitaceae Zinnia | Scientific Names: *Zinnia species* | Family: Asteraceae (Compositae) Zucchini Squash | Scientific Name: Cucurbia pepo cv. zucchini | Family: Cucurbitaceae

# PLANTS KNOWN TO BE TOXIC TO DOGS

Editor's Note: This list is abbreviated from the one found at http://www.aspca.org/pet-care/animal-poison-control/toxic-and-non-toxicplants. There are color photos on this website of all of the toxic plants. Unfortunately, due to cost, we cannot print pictures in color, but I have included black-and-white photos of many of the more common toxic plants (or plant parts, such as seeds) which might be found indoors or outdoors in Arizona, including in florists' arrangements. If you are considering adding plants to your yard or inside your home, or if you want to check "an authority" to determine if those you already have are toxic to dogs, we encourage you to visit the **ASPCA** website. When inquiring at a nursery about a particular plant, it is best to use the **scientific name**, as there is often more than one common name for the same plant, or two different plants may have the same common name. In the list that follows, various additional common names are shown in parentheses. Also, please note that a number of Family names have been changed to those that are now used by taxonomic botanists; the old Family names are shown in parentheses.

The following list contains plants that have been reported as having systemic effects on dogs and/or intense effects on the gastrointestinal tract. The ASPCA website also includes lists of plants toxic to cats and horses. Please note that the information contained in the following plant list is not even close to being all-inclusive, but rather is a compilation of the most frequently encountered plants.

If you think that your animal is ill or may have ingested a poisonous substance, contact your local veterinarian or the ASPCA's 24-hour emergency poison hotline directly at 1-888-426-4435 (have your credit card ready – there is a fee for this service).



Aloe | Scientific Name: *Aloe vera* | Family: Liliaceae; contains saponins which can cause vomiting, depression, diarrhea, anorexia, tremors, change in urine color.



Amaryllis (Many, including: Belladonna lily, Saint Joseph lily, Cape Belladonna, Naked Lady) | Scientific Names: *Amaryllis species* | Family: Amaryllidaceae; contains lycorine, which causes vomiting, depression, diarrhea, abdominal pain, hypersalivation, anorexia, tremors.

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### Arízona Golden Rescue



American Bittersweet (Bittersweet, Waxwork, Shrubby Bittersweet, False Bittersweet, Climbing Bittersweet) |Scientific Name: *Celastrus scandens* | Family: Celastraceae; contains euonymin and sesquiterpene alkaloids, which cause weakness, convulsions, gastroenteritis (vomiting, diarrhea)

Anthurium (Flamingo Flower, Flamingo Lily, Tail Flower, Oilcloth Flower, Pigtail Plant, Painter's Pallet) | Scientific Name: *Anthurium scherzeranum* | Family: Araceae; contains insoluble calcium oxalates, which cause oral irritation, intense burning and irritation of mouth, tongue and lips, excessive drooling, vomiting, difficulty swallowing





Apple (Includes Apricot, Crabapple, Cherry, Peach, Pear, Plum) | Scientific Name: *Malus sylvestrus* (and *Prunus species*) | Family: Rosaceae; stems, leaves and seeds contain cyanide and are particularly toxic when in the process of wilting; cause brick-red mucous membranes, dilated pupils, difficulty breathing, panting, shock; fruit

without the seeds is not toxic

Asparagus Fern (Asparagus, Emerald Feather, Emerald Fern, Sprengeri Fern, Plumosa Fern, Lace Fern, Racemose Asparagus, Shatavari) | Scientific Name: *Asparagus densiflorus cv sprengeri* | Family: Liliaceae; contains sapogenins, which cause allergic der-



matitis with repeated dermal exposure; berry ingestion could result in gastric upset (vomiting, abdominal pain, or diarrhea)



Azalea and Rhododendron (Azalea, Rosebay) | Scientific Names: *Rhododendron species* | Family: Ericaceae; contains grayantoxin, which causes vomiting, diarrhea, hypersalivation, weakness, coma, hypotension, CNS depression, cardiovascular collapse and death; ingestion of a few leaves

can cause serious problems, as the toxic principle interferes with normal skeletal muscle, cardiac muscle and nerve function; clinical effects typically occur within a few hours after ingestion.

**Bay Laurel** (Sweet Bay, Bay Tree, Tree Laurel, Laurel Tree, Laurel) | Scientific Name: *Laurus nobilis* | Family: Lauraceae; contains eugenol and other essential oils, which cause vomiting and diarrhea; large ingestion of whole leaves can cause bowel obstruction

Bird of Paradise Flower (Crane Flower, Bird's Tongue Flower) | Scientific Name: *Strelitzia reginae* | Family: Strelitziaceae; toxic agent not known; ingestion of fruit or seeds causes mild nausea, vomiting, drowsiness; should not be confused with *Caesalpinia* or *Poinciana gilliesii*, which are also known as Bird of Paradise and Mexican Bird of Paradise, respectively, and are more toxic

**Boxwood** – common choice in landscaping| Scientific Names: *Buxus species* | Family: Buxaceae; contains alkaloids, which cause vomiting, diarrhea







Buttercup (Butter Cress,

Figwort) | Scientific Names: *Ranunculus species* | Family: Ranunculaceae; contains rotoanemonin (an irritant), which causes vomiting, diarrhea, depression, anorexia, hypersalivation and wobbly gait

**Calla Lily** (Arum Lily, Pig Lily, White Arum, Trumpet Lily, Florist's Calla, Garden Calla) | Scientific Name: *Zantedeschia aethiopica* | Family: Araceae; contains insoluble calcium oxalates, which cause oral irritation, intense burning and irritation of mouth, tongue and lips, excessive drooling, vomiting, difficulty swallowing





**Caraway** (Meridian Fennel, Persian Cumin) | Scientific Name: *Carum carvi* | Family: Apiaceae (Umbelliferae); contains oils with carvone and limonene, which cause vomiting and diarrhea; avoid giving dogs rye bread

**Cardinal Flower** (Lobelia, Indian Pink) | Scientific Name: *Lobelia cardinalis* | Family: Campanulaceae; contains lobeline, which causes depression, diarrhea, vomiting, excessive salivation, abdominal pain, heart rhythm disturbances





**Carnation** (Pinks, Wild Carnation, Sweet William) | Scientific Name: *Dianthus species*; *Caryophyllus species* | Family: Caryophyllaceae; toxic agent unknown, causes mild gastrointestinal signs, mild dermatitis

**Castor Bean Plant** (African Wonder Tree, Castor Oil Plant, Mole Bean Plant) | Scientific Name: *Ricinus communis* | Family: Euphorbiaceae; contains ricin, which is a highly toxic component that inhibits protein synthesis; in-



gestion of as little as one ounce of seeds can be lethal



Chives | Scientific Name: *Allium schoenoprasum* | Family: Amaryllidaceae; contains N-propyl disulfide, which causes vomiting, breakdown of red blood cells (hemolytic anemia, Heinz body anemia), blood in urine, weakness, high heart rate, panting

**Chrysanthemum** (Daisy, Mum; many varieties) | Scientific Names: *Chrysanthemum species* | Family: Asteraceae (Compositae); contains sesquiterpene, lactones, pyrethrins and other potential irritants which cause vomiting, diarrhea, hypersalivation, incoordination, dermatitis





**Coleus** (Indian Borage, Bread-and-Butter Plant, Spanish Thyme, East Indian Thyme, Stinging Thyme, Country Borage; many others) | Scientific Name: *Coleus ampoinicus* | Family: Lamiaceae (Labiatae); contains essential oils, which cause vomiting, diarrhea, depression, anorexia, occasionally bloody diarrhea or vomiting

**Common Privet** (Privet, Amur, Wax-leaf) – often used as hedge plant | Scientific Name: *Ligustrum vulgare* | Family: Oleaceae; contains terpenoid glycosides, which cause gastrointestinal upset (most common), incoordination, increased heart rate, death (rare)





**Cyclamen** (Sowbread) | Scientific Names: *Cyclamen species* | Family: Primulaceae; contains terpenoid saponins, which cause salivation, vomiting, diarrhea; following large ingestions of tubers: heart rhythm abnormalities, seizures, death

**Daffodil** (Narcissus, Jonquil, Paper White) | Scientific Names: *Narcissus species* | Family: Amaryllidaceae; contains lycorine and other alkaloids, which cause vomiting, salvation, diarrhea; large ingestions cause convulsions, low blood pressure, tremors and cardiac arrhythmias; bulbs are the most toxic part





**Deadly Nightshade** (Black Nightshade, Nightshade, European Bittersweet, Climbing Nightshade) | Scientific Names: *Solanum species* | Family: Solanaceae; contains solanine, saponins, and atropine-like substances, which cause hypersalivation, inappetence, severe gastrointestinal upset, diarrhea, drowsiness, CNS depression, confusion, behavioral change, weakness, dilated pupils, slow heart rate



**Dieffenbachia** (Charming Dieffenbachia, Giant Dumb Cane, Tropic Snow, Dumbcane, Exotica, Spotted Dumb Cane, Exotica Perfection) | Scientific Names: *Dieffenbachia species* | Family: Araceae; contains insoluble calcium oxalates and proteolytic en-

zymes, which cause oral irritation, intense burning and irritation of mouth, tongue and lips, excessive drooling, vomiting, difficulty swallowing

**Dracaena** (Corn Plant, Cornstalk Plant, Madagascar Dragon Tree, Ribbon Plant) | Scientific Name: *Dracaena species* | Family: Agavaceae; contains saponins, which cause vomiting (occasionally with blood), depression, anorexia, hypersalivation





**English Ivy** | Scientific Name: *Hedera helix* | Family: Araliaceae; contains triterpenoid saponins (hederagenin), which cause vomiting, abdominal pain, hypersalivation, diarrhea; foliage is more toxic than berries

**Eucalyptus** (Many cultivars) | Scientific Names: *Eucalyp-tus species* | Family: Myrtaceae; contains essential oils (eucalyptol), which cause salivation, vomiting, diarrhea, depression, weakness





**Fig** (Weeping Fig, Indian Rubber Plant) | Scientific Name: *Ficus benjamina* | Family: Moraceae; contains proteolytic enzyme (ficin) and psoralen (ficusin); contact with the skin can cause dermatitis, ingestion can cause oral irritation, salivation and vomiting

Fleabane (Showy Daisy, Horseweed, Seaside Daisy) | Scientific Name: *Erigeron species* | Family: Asteraceae (Compositae); unknown toxic agent causes mild vomiting, diarrhea



**Foxglove** | Scientific Name: *Digitalis purpurea* | Family: Scrophalariaceae; contains cardiac glycosides, which cause cardiac arrhythmias, vomiting, diarrhea, weakness, cardiac failure, death **Garlic** (Stinking Rose, Rustic

Treacle, Comphor of the Poor, Nectar of the Gods, Serpent Gar-

lic, Rocambole) |Scientific Name: *Allium sativum* | Family: Liliaceae; contains N-propyl disulfide, which causes vomiting, breakdown of red blood cells (hemolytic anemia, Heinz body anemia), blood in urine, weakness, high heart rate, panting

**Geranium** (Many cultivars) | Scientific Names: *Pelargonium species* | Family: Geraniaceae (Geranilea); contains geraniol and linalool, which cause vomiting, anorexia, depression, dermatitis, ataxia, muscle weakness





**Gladiola** (Many cultivars) – often used in cutflower arrangements | Scientific Names: *Gladiolus species* | Family: Iridaceae; unknown toxic agent causes salivation, vomiting, drooling, lethargy, diarrhea; highest concentration in corms (bulbs)

**Golden Bird's Nest** (Snake Plant, Mother-in-Law's Tongue, Good Luck Plant) | Scientific Name: *Sansevieria trifasciata* | Family: Agavaceae; contains saponins, which cause nausea, vomiting, diarrhea





**Grapefruit** | Scientific Name: *Citrus paradisii* | Family: Rutaceae; contains essential oils and psoralens, which cause vomiting, diarrhea, depression; potential photosensitivity

**Heliotrope** | Scientific Name: Heliotropium spp. | Family: Boraginaceae; purple flower clusters, dark green leaves; contains pyrrolizidine alkaloids, which can cause liver damage; highly toxic to dogs and cats





Hibiscus (Rose of Sharon, Rose of China) | Scientific Name: *Hibiscus syriacus* | Family: Malvaceae; unknown toxic agent causes vomiting, diarrhea, nausea, anorexia

Holly (American

Holly, English Holly, European Holly, Oregon Holly, Inkberry, Winterberry) | Scientific Name: *Ilex opaca* | Family: Aquifoliaceae; contains saponins, which cause vomiting, diarrhea and



depression; leaves and berries are low toxicity

Iris (Flag, Snake Lily, Water Flag) | Scientific Names: *Iris species* | Family: Iridaceae; contains pentacylic terpenoids (zeorin, missourin and missouriensin), which cause salivation, vomiting,



breakdown of red blood cells (hemolytic anemia, Heinz body anemia), blood in urine, weakness, high heart rate, panting



Lemon, Lime and Orange | Scientific Names: Citrus limonia, Citrus aurantifolia and Citrus

drooling, lethargy, diarrhea; highest concentration in rhizomes



Jade Plant (Baby Jade, Dwarf Rubber Plant, Jade Tree, Chinese Rubber Plant, Japanese Rubber Plant) | Scientific Name: *Crassula argentea* | Family: Crassulaceae; unknown toxic agent causes vomiting, depression

Kalanchoe (Mother-In-Law-Plant, Devils Backbone, Chandelier Plant, Mother of Millions) | Scientific Names: *Kalanchoe species* | Family: Crassulaceae; contains bufodienolides, which cause vomiting, diarrhea, abnormal heart rhythm (rare)





Lantana (Shrub Verbena, Yellow Sage, Red Sage) | Scientific Name: *Lantana camara* | Family: Verbenaceae; contains entacyclic triterpenoids, which cause vomiting, diarrhea, labored breathing, weakness

Larkspur (Delphinium) | Scientific Names: *Delphinium species* | Family: Ranunculaceae; contains diterpene alkaloids; the toxicity of the plant may vary depending on seasonal changes and field conditions; as the plant matures, it generally becomes



less toxic; the alkaloids in the plant cause neuromuscular paralysis; clinical effects include constipation, colic, increased salivation, muscle tremors, stiffness, weakness, recumbency, and convulsions; cardiac failure may occur, as can death from respiratory paralysis



Lavender (Common Lavender, English Lavender) | Scientific Name: *Lavendula angustifolia* | Family: Lamiaceae (Labiatae); contains linlool and linalyl acetate; ingestion of plant or flowers causes mild GI upset; concentrated oil may damage tissues; dilute oil (as in massage oil) may cause mild GI upset with nausea, vomiting, inappetant

Leek (Elephant Garlic) | Scientific Name: *Allium ampeloprasum* | Family: Liliaceae; contains N-propyl disulfide, which causes vomiting,

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*sinensis* | Family: Rutaceae; contains essential oils and psoralens, which cause vomiting, diarrhea, depression; potential photosensitivity

**Macadamia Nut** (Australia Nut, Queensland Nut) | Scientific Name: *Macadamia integrifolia* | Family: Proteaceae; unknown toxic agent; ingestion causes depression, hyperthermia, weakness, muscular stiffness, vomiting, tremors, increased heart rate





**Marijuana** (Indian Hemp, Hashish) | Scientific Name: *Cannabis sativa* | Family: Cannabaceae; contains Delta-9-THC (tetrahydrocannabinol), which causes prolonged depression, vomiting, incoordination, sleepiness or excitation, hypersalivation, di-

lated pupils, low blood pressure, low body temperature, seizure, coma, death (rare)

**Marjoram** (Knotted Marjoram, Pot Marjoram) and **Oregano** (Greek Oregano)| Scientific Name: *Origanum majorana* and *Origanum vulgare hirtum* | Family: Lamiaceae (Labiatae); contains gastrointestinal irritants, which cause vomiting and diarrhea





Mexican Bird of Paradise (Barbados Pride, Bird of Paradise, Peacock Flower, Poinciana, Pride of Barbados) | Scientific Name: *Caesalpinia mexicana* | Family: Fabaceae (Leguminosae); possibly contains hydrocyanic acid, which causes oral irritation, intense burning

and irritation of mouth, tongue and lips, excessive drooling, vomiting, diarrhea, difficulty swallowing and incoordination

Milkweed | Scientific Names: Asclepias species | Family: Asclepiadaceae; some species contain cardiotoxins (steroidal glycosidic cardenolides) and other species contain neurotoxins; vomiting, profound depression, weakness, anorexia, and diarrhea are common; may be followed by seizures, difficulty breathing,



rapid, weak pulse, dilated pupils, kidney or liver failure, coma, respiratory paralysis and death



**Mint** (Garden Mint) | Scientific Names: *Mentha species* | Family: Lamiaceae (Labiatae); contains essential oils, which cause vomiting and diarrhea; Pennyroyal can cause liver failure **Mistletoe** (American Mistletoe) | Scientific Name: *Phoradendron flavescens* | Family: Viscaceae; parasitic plant used in floral arrangements and during the holidays; contains toxalbumin and pharatoxin viscumin (Lectins, Phoratoxins), which cause gastrointestinal disorders, cardiovascular collapse, dyspnea, bra-



dycardia, erratic behavior, (hallucinogenic in humans), vomiting, diarrhea, low blood pressure (rare)



**Oleander** (Rose-Bay) | Scientific Name: *Nerium oleander* | Family: Apocynaceae; poisonings can occur from access to prunings or fallen branches; all parts contain a highly toxic cardiac glycoside much like digitoxin, and can cause colic, diarrhea (possibly bloody), sweating, in-

coordination, shallow/difficult breathing, muscle tremors, recumbency, and possibly death from cardiac failure

**Onion** | Scientific Name: *Allium cepa* | Family: Liliaceae; contains N-propyl disulfide, which causes gastrointestinal upset, hemolytic anemia, vomiting, breakdown of red blood cells (hemolytic ane-



mia, Heinz body anemia), blood in urine, weakness, high heart rate, panting; cats are more sensitive than dogs



**Parsnip** | Scientific Name: *Pastinaca sativa* |Family: Apiaceae (Umbelliferae); contains furanocoumarins, which cause photosensitization (ulcerative and exudative dermatitis), ocular toxicity

**Periwinkle** (Running Myrtle, Vinca) | Scientific Name: *Vinca rosea* | Family: Apocynaceae; contains Vinca alkaloids, which cause vomiting, diarrhea, low blood pressure, depression, tremors, seizures, coma, death





**Poinsettia** | Scientific Name: *Euphorbia pulcherrima* | Family: Euphorbiaceae; contains sap (latex) irritating to the mouth and stomach, sometimes causing vomiting, but generally overrated in toxicity

**Pothos** (Golden Pothos, Devil's Ivy, Taro Vine, Ivy Arum) | Scientific Name: *Epipremnum aureum* | Family: Araceae; photo top of next page; contains insoluble calcium oxalates, which cause oral

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# Arízona Golden Rescue

# The Golden Paw

irritation, intense burning and irritation of mouth, tongue and lips, excessive drooling, vomiting, difficulty swallowing



Rhubarb (Pie

Plant) | Scientific Name: *Rheum rhabarbarium* | Family: Polygonaceae; contains soluble calcium oxalates, which cause kidney failure, tremors, salivation

Sago Palm (Coontie Palm, Cardboard Palm, Cycads and Zamias) | Scientific Names: *Cycas revoluta*, *Zamia species* | Family: Cycadaceae; contains cycasin, which causes vomiting, melena, icterus, increased thirst,



hemorrhagic gastroenteritis, bruising, coagulopathy, liver damage, liver failure, death



Split-leaf Philodendron (Horsehead Philodendron, Cordatum, Heartleaf Philodendron, Panda Plant, Fiddle-Leaf, Fruit Salad Plant, Red Emerald, Red Princess, Saddle Leaf) | Scientific Name: *Philodendron bipennifolium* | Family: Araceae; contains insoluble calcium oxa-

lates, which cause oral irritation, intense burning and irritation of mouth, tongue and lips, excessive drooling, vomiting, difficulty swallowing

Sweet Pea (Perennial Pea, Everlasting Pea) | Scientific Name: *Lathyrus latifolius* | Family: Fabaceae (Leguminosae); contains aminoproprionitrite, which causes weakness, lethargy, pacing, head pressing, tremors, seizures and possibly death





Sweet Potato Vine (Sweet Potato) | Scientific Name: *Ipomoea batatas* | Family: Convolvulaceae; <u>leaves</u> and <u>stems</u> contain LSD, which causes diarrhea, hallucinations; flesh of actual sweet potato is fine if cooked

**Tobacco** (Tree Tobacco, Nicotiana, Mustard Tree) | Scientific Name: *Nicotiana glauca* | Family: Solanaceae; contains nicotine, which causes hyperexcitability then depression, vomiting, incoordination, paralysis; death is possible



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**Tomato Plant** | Scientific Names: *Ly-copersicon species* | Family: Solanaceae; all parts <u>except fruit</u> contain solanine, which causes hypersalivation, inappetence, severe gastrointestinal upset, diarrhea, drowsiness, CNS depression, confusion, behavioral



change, weakness, dilated pupils, slow heart rate



Wandering Jew (Speedy Henry, Variegated Wandering Jew) | Scientific Name: *Tradescantia flumeninsis* | Family: Commelinaceae; unknown toxic agent causes dermatitis

Yarrow (Milfoil) | Scientific Name: *Achillea millefolium* | Family: Asteraceae (Compositae); contains glycoalkaloids (achillen), monoterpenes and sesquiterpene lactones, which cause vomiting, diarrhea, depression, anorexia, hypersalivation





Yellow Oleander | Scientific Name: *Thevetia peruviana* | Family: Apocynaceae; contains cardenolides, which cause vomiting, diarrhea, slow heart

Yew (American Yew, English Yew, Western Yew, Pacific Yew, Japanese Yew, Anglo-Japanese Yew) | Scientific Name: *Taxus baccata*, *Taxus canidensus* | Family: Taxaceae; contains taxine A and B and volatile oils, which cause tremors, difficulty breathing, vomiting, seizures (dogs), sudden death from acute heart failure



*cies* | Family: Agavaceae; contains saponins, which cause vomiting, liver disease, secondary photosensitivity

### DO NOT GIVE THESE FOODS/MEDS TO YOUR DOG

Chocolate, grapes, macadamia nuts, onions, or raisins, and do not allow your dog to have any product containing xylitol (like sugarless gum, some peanut butters and the gummy version of melatonin) – these all have toxic effects. Also, do not give your dog aspirin, acetomeniphen or ibuprofen. Always check with your vet regarding medications.



### Controversy within the Golden Retriever Community

### By Deb Orwig

If you are not a member of the Golden Retriever Club of America (GRCA) - my guess is that 99% of you are not - and you are not a Golden Retriever rescue president, then you may not be aware of a serious rift that has developed between the GRCA and what used to be the National Rescue Committee (NRC). I say "used to be" because the NRC, which was originally created by the GRCA, has been dissolved, and many of the rescue groups that were involved with the NRC (about 95 nationwide) have formed a new group called **GRRNet**, a private message board for networking among Golden Retriever Rescue leaders. The GRCA has created a new committee to serve rescues, too - GRCA CARES (Committee to Assist Rescue Efforts). When the GRCA announced the formation of this new committee, they stated, "The mission and purpose of the GRCA Committee to Assist Rescue Efforts is to support and further the objectives of the Golden Retriever Club of America, by providing a network for collaboration among those Golden Retriever rescues that meet published criteria for affiliation." And therein lies the crux of the situation: "published criteria". The main criterion for membership in GRCA CARES is that a GR Rescue group must not import dogs from out of country.

Serious disagreement has been brewing and has now erupted into open controversy over the importation of rescued Goldens from outside of the U.S.: Asia (China, Taiwan, Korea, Vietnam), Latin America (principally Mexico and Central America) and the Middle/Far East (Turkey, Egypt). Today, a very significant percentage of Goldens being placed by American Golden Rescues are imported. That ratio, in the case of several very large and well-known domestic rescues is approaching 50%. (Out of 1084 intakes, *AGR* has brought in only 10 dogs from China and one from Mexico.)

The *GRCA* has adamantly been against the importation of dogs from outside of the U.S. They claim the primary reason is that diseases not normally found in the U.S. are being brought into this country with imported dogs. New-to-America strains of canine influenza and lepto (no vaccine here for that yet) and brucellosis (which is zoonotic, meaning transmissible to humans) have all been directly attributed to imported dogs, some of them Golden Retrievers. However, they do not have actual statistics to back up this claim. To my knowledge, the GR Rescues that import dogs make extraordinary efforts to ensure that the dogs are not carrying communicable diseases.

The *GRCA* has also voiced concern over the dilution of quality of Golden Retrievers. However, no Rescue group I know of allows breeding of any dogs they rescue, domestic or otherwise, so that argument is moot.

Why are so many GR Rescues importing dogs? Quick answer

is in recent years the number of domestic Goldens available for rescuing has drastically decreased both locally and nationwide, and the number of applicants who want to rescue has dramatically increased. Perhaps we in the rescue community have done our job too well.

It took years for the public to understand that Rescue is the best deal going. Not only does rescuing impart a warm-fuzzy feeling when helping to save the life of a dog, but the cost to the adopter is significantly less than to purchase a dog from a breeder. *AGR* is typical of most Rescue groups in that we pay for everything needed by a dog until it is adopted, and sometimes we continue to pay for a dog's medical needs for some time after adoption. No breeder does this -- a dog is yours lock, stock, and medical issues when you walk out of a breeder's facility with it. With most Rescue groups, medical expenses far outweigh the fee charged for adoption, even for those Rescues that charge significantly more than *AGR* charges: our highest fee is \$400; some charge \$750 per dog and for imported Goldens, some have charged as much as \$1,500. Why so much for an imported Golden? The expense to the Rescue to bring dogs to the U.S. can amount to as much as \$4,000 each!

The expense to import dogs is another reason why the *GRCA* is against the practice. They feel that the money would be much better spent domestically through donations to canine veterinary medical research. They cannot tell U.S. Rescue groups how to spend their money. However, no Rescue engaged in importation will any longer be eligible for affiliation with *GRCA* nor have access to *Golden Retriever Foundation* financial assistance, among other things. Until now, the *GRF* made available to Rescues \$600 per rescued dog per year for purebred Goldens only. Many GR Rescues, including *AGR*, will miss this source of funding for medical expenses – we have usually received the maximum amount available during the *GRF* fiscal year (\$6,000).

So, what is *AGR* doing? As I have been for over 20 years, I am still an individual member of the *GRCA*. I am also a member of the new *GRRNet* group of Rescues in that I get messages from among the group. *AGR* has not yet made a decision which side of the fence to stand on with importing dogs. We do not have plans to import any more dogs any time soon, at least not until flight volunteers are again allowed to accompany dogs so that the cost per dog comes back down. We also feel that the lack of Golden Retrievers available to rescue locally will change when more people again start working outside the home. Right now, we are just hanging tight and waiting to see what shakes out in the next year or so. If you would like to give us feedback on this issue, you are welcome to contact me at dorwigaz@cox.net.

The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy. ~ Martin Luther King, Jr.

# Golden Hearts

We are so grateful to everyone who has given us their support! All donations to *AGR* are tax deductible – for a 2020 donation, you should have received your letter of acknowledgement in January 2021. The donations shown below were made between January 1, 2021 and April 15, 2021. We sincerely apologize if any donors have been omitted. PLEASE NOTE: All donors who make donations during 2021 will receive an acknowledgment letter in January 2022, unless a receipt for taxes is requested sooner.

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*May* 2021

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### Grants

Colorado Animal Rescue Express to help with medical expenses of 20-033 Danny Boy and 21-002 Charlie Dickens

Golden Retriever Foundation to help with medical expenses of 20-017 Cooper and 20-033 Danny Boy

Phoenix Animal Care Coalition (PACC911) to help with medical expenses of 21-002 Charlie Dickens

### Honorary Donations

In Honor of Kathy Blue, Sharon Flores and Fred Prose for their help with data entry into our new database Debbie Ball

In Honor of Jolene Schlichter Catherine M. Ortiz

#### Memorial Donations

In Loving Memory of All 1<sup>st</sup> Quarter Bridge Dogs and people we have lost including:

11-062 Trip Tataseo 13-092 Aiofe Engelhardt 15-058 Zoey Gross 17-042 Lizzie Guilbault 18-026 Buzz Krause 18-054 Steve Lowe 18-067 Bailey Courtney 19-048 Levi Trevino Murphy Foust-Korycki Cedar Trevino

AGR Member and Adopter Roy A. Lewis Marjorie Prose -- AGR Member Fred Prose's Mother

Teri and Jeff GuilbaultDeb and Larry OrwigConnie McCabe and Nick DodsonLiz Tataseo

- In Loving Memory of Flora Carson Cindy and Gary Tigges
- In Loving Memory of **19-087 Kosmo Conaghan** Sunny and Bill Conaghan
- In Loving Memory of Goldens **Kasmir** and **Nick Dando**, beloved companions and teachers Theresa Dando
- In Loving Memory of **Misty Engstrom** Mary and Bert Engstrom
- In Loving Memory of **17-042 Lizzie Guilbault** Debbie and Rick Ball

In Loving Memory of **18-026 Buzz Krause** Debbie and Rick Ball

In Loving Memory of **15-014 Shiloh Mills** Rosie and Jack Mills

- In Loving Memory of **11-062 Trip Tataseo** Debbie and Rick Ball Connie McCabe and Nick Dodson Marlene and Dean Mortimore
- In Loving Memory of Walter Eichsteadt, Conni Eckhardt's husband Barbara Connoyer and Staff at **Sun Valley Quilts**
- In Loving Memory of AGR Member Roy Lewis Mary McDonald
- In Loving Memory of My Golden-loving Friend, Barney Novo Judy Beckett

In Loving Memory of Marjorie Prose Connie McCabe and Nick Dodson

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Tiara and Paul Korpalski Patty and Mike Mancini Rosie and Jack Mills Pat Morgan Susan Parker Judy Petitto Lauren and Michael Shapiro Cindy and Gary Tigges Cynthia Wenström and Mike Lane Robert and Terri Witte

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Debbie and Rick Ball Joyce Johnston Susan Kemper and Marilyn Fornell Karen Novo Andrea, Derick and Ella Williams

Gift Single Membership to Michelle Guilbault from Teri and Jeff Guilbault

### Special Donations

Seven gorgeous handmade quilts in memory of Walter Eichsteadt Conni Echhardt

### Thank You Donations

To Joni Cipollone, Sheila Joyce, Connie McCabe and Liz Tataseo for your help with my placement with Carrie and Greg 21-010 Libby Foust-Korycki

To Connie McCabe for photo restoration Linda Miller

To Connie McCabe for taking our fantastic Christmas photo Joy and Todd Slagowski

To Deb Orwig for a face mask sewing workshop Cindy Tigges

To Cindy Tigges for three days of doggie day care for our canine gang while our house was being painted Deb and Larry Orwig Special Thanks To those supporters who have set up a regular monthly donation either through their bank or through PayPal

Stephanie Beard Coralyn Collins Patrick Doyle Ellen and Jeff France Judy Petitto Mary and Ken Richardson Carrie Stoneburner Mike Watts

### Traveling with Your Golden?

Vacation season is just around the corner and what better treat for you and your dog than to take a trip together! More and more places are allowing pets these days, but careful research and planning are necessary before you pack up those leashes and bowls. Here are some websites with good information on pet-friendly places to stay, transportation tips, and travel guides. You can also find a good selection of books on pet travel from your favorite bookseller. If you belong to AAA, be sure to ask for a copy of the *AAA Guidebook*. It shows which motels are pet-friendly in every major (and some minor) city in the U.S. They also indicate whether there is a pet deposit and if it is refundable or not. Have fun and remember to take lots of pictures!

dogfriendly.com – accommodations, online newsletter, travel guides

"Have Goldens...Will Travel" page in landofpuregold.com with lots of great links

petfriendlytravel.com - pet-friendly "getaway" listing

petsonthego.com – listings, resources, travel tips takeyourpet.com – listings, travel guides, bulletin board

(requires membership)

traveldog.com – accommodations, transportation, etiquette (requires membership)

travelingpets.com - listings, travel tips, packing list

Some tips: Establish a routine time for feeding, multiple relief breaks and daily exercise. Be mindful of the temperature and humidity. Do not leave your pet in a closed vehicle – shade moves during the day, so don't depend on that to keep your dogs comfortable. Do not let your pets put their heads out of the windows when the vehicle is underway, since dirt particles or bugs may harm their eyes, ears, or nose. Do not leave your dog uncrated in a motel room; if you leave the dog in the room, be sure to put the DO NOT DISTURB sign on the outside door knob. Always keep your dog on leash unless you are in a secured area. Take water with you; drinking local water the dog is not used to may upset its digestion. Seek immediate vet assistance if your dog becomes ill or needs medical attention.

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The Golden Paw

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